


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 1 Daily Current Events Armchair Travels Afternoon Clipping Coupons Snack Time Evening Snack Time Lotion Massages New Year's Day	Morning 2 Daily Current Events <u>Manicures in Gardens</u> Afternoon Clipping Coupons Snack Time Evening Social Hour Lotion Massages	Morning 3 Daily Current Events String Beads Afternoon Daily Walk Water Painting Evening Sensory Time Gentle Movement	Morning 4 Daily Current Events Bean Bag Toss Afternoon Snack Time Neil and the Diamonds Evening Social Time Relaxation Time	Morning 5 Daily Current Events Reading with Ann Harrison (Upfront) Afternoon Quite Coloring Snack Time Evening Snack Time Lotion Massages	Morning 6 Daily Current Events Daily Exercises Afternoon Trivia Time Snack Time Evening Card Games Gentle Movement	Morning 7 Daily Current Events Chair Exercises Afternoon Sing Along Puzzle Corner Evening Lotion Massages Lawrence Welk
Morning 8 Daily Current Events Armchair Travels Afternoon Clipping Coupons Snack Time Evening Snack Time Lotion Massages	Morning 9 Daily Current Events <u>Manicures in Gardens</u> Afternoon 1:00 Baking cookies for law enforcement Snack Time Evening Social Hour Lotion Massages	Morning 10 Daily Current Events String Beads Afternoon Daily Walk Water Painting Evening Sensory Time Gentle Movement	Morning 11 Daily Current Events Bean Bag Toss Afternoon Snack Time 2:00 Blessed Hope Church Service Evening Social Time Relaxation Time	Morning 12 Daily Current Events Reading with Ann Harrison (Upfront) Afternoon Quite Coloring Snack Time Evening Snack Time Lotion Massages	Morning 13 Daily Current Events Daily Exercises Afternoon Trivia Time Snack Time Evening Card Games Gentle Movement	Morning 14 Daily Current Events Chair Exercises Afternoon Sing Along Puzzle Corner Evening Lotion Massages Lawrence Welk
Morning 15 Daily Current Events Armchair Travels Afternoon Clipping Coupons Snack Time Evening Snack Time Lotion Massages	Morning 16 Daily Current Events <u>Manicures in Gardens</u> Afternoon 1:00 Martian Luther King Jr. Discussion Snack Time Evening Social Hour Lotion Massages Martin Luther King Jr. Day	Morning 17 Daily Current Events String Beads Afternoon Daily Walk Water Painting Evening Sensory Time Gentle Movement	Morning 18 Daily Current Events Bean Bag Toss Afternoon Snack Time Reminiscent hour Evening Social Time Relaxation Time	Morning 19 Daily Current Events Reading with Ann Harrison (Upfront) Afternoon Quite Coloring Snack Time Evening Snack Time Lotion Massages	Morning 20 Daily Current Events Daily Exercises Afternoon Trivia Time Snack Time Evening Card Games Gentle Movement	Morning 21 Daily Current Events Chair Exercises Afternoon Sing Along Puzzle Corner Evening Lotion Massages Lawrence Welk
Morning 22 Daily Current Events Armchair Travels Afternoon Clipping Coupons Snack Time Evening Snack Time Lotion Massages Chinese New Year (Year of the Rabbit)	Morning 23 Daily Current Events <u>Manicures in Gardens</u> Afternoon Clipping Coupons Snack Time Evening Social Hour Lotion Massages Activity Professionals Week	Morning 24 Daily Current Events String Beads Afternoon Daily Walk Water Painting Evening Sensory Time Gentle Movement	Morning 25 Daily Current Events Bean Bag Toss Afternoon Snack Time 2:00 First Chirstian Church Service Evening Social Time Relaxation Time	Morning 26 Daily Current Events Reading with Ann Harrison (Upfront) Afternoon Quite Coloring Music with Shannon Janson Evening Snack Time Lotion Massages Australia Day (observed)	Morning 27 Daily Current Events Daily Exercises Afternoon Trivia Time Snack Time Evening Card Games 3:00 Happy Hour	Morning 28 Daily Current Events Chair Exercises Afternoon Sing Along Puzzle Corner Evening Lotion Massages Lawrence Welk
Morning 29 Daily Current Events Armchair Travels Afternoon Clipping Coupons Snack Time Evening Snack Time Lotion Massages	Morning 30 Daily Current Events <u>Manicures in Gardens</u> Afternoon Clipping Coupons Snack Time Evening Social Hour Lotion Massages	Morning 31 Daily Current Events String Beads Afternoon Daily Walk Water Painting Evening Sensory Time Gentle Movement	 <h1>January 2023</h1> <h2>Windsor Manor Memory Care</h2>			