

Windsor Wire

May 2024

Windsor Manor Webster City – 1401 Wall Street Webster City, Iowa 50595 – 515-832-1188



IN THIS ISSUE

- Editor's Desk 2
- Month in Review 3
- Upcoming Events 5
- May Calendar 6
- May Birthdays 7
- A Poem to Share 8
- Noticeboard 9
- Laughing Matters 10
- Word Search 11

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Office Manager – Brianna Westendorf
Director of H&W – Bekah Jefferson
Dietary Director – Keagyn Lennon
Activities Director – Sydney Beem
Maintenance – Jeff Beem

Editor's Desk

Hello Residents, Families and Friends!

Welcome to the beautiful month of May! As the flowers bloom and the sun shines, we have a variety of enjoyable activities planned for everyone. This month, we're celebrating the love and care of Mother's Day, the vibrant traditions of Cinco de Mayo, and the excitement of Eurovision. We encourage you to step outside, enjoy the fresh air, and participate in our garden activities or leisurely strolls. It's the perfect time to embrace the beauty around us. We will be having a Mother's Day tea party on Sunday the 12th at 3:00pm. Resident Council meeting will happen Tuesday the 14th. We will have high school kids here on the 16th. Millennium Therapy will be here on the 29th for exercise. We have two sets of entertainment this month with Myrt and Jerry B on the 17th and Vic and Bertha W on the 24th. Dr. Willis, the foot doctor, will be here on Wednesday the 29th. Remember, this month, we challenge you to try something new. A new craft, game or activity can bring unexpected joy and laughter to your day. As always if you have any comments, questions, or concerns don't hesitate to leave a note on my desk.



Warm wishes,

Sydney Beem

May Trivia

The Month of May. May is named for the Roman goddess Maia, who oversaw the growth of plants.

Zodiac signs: **Taurus & Gemini**

Birthstone: **Emerald**

Flower: **Lily of the Valley**

Quote of the Day

*The only thing we
have to fear
is fear itself.*

– Franklin D. Roosevelt

May in Review

Bill Robb Crowd

Residents enjoying live music brought to us by Bill Robb!



Fly Swatter Balloon Toss

Alfred, Linda, Sue, and Patti enjoying a round of fly swatter balloon toss!

John Laird Crowd

Opal, Lois, and Harry enjoying learning new information about honey bees brought to us by John Laird



May In Review



Coin Flick Group!



Dominoes for end of month birthday party!



Flower cookie decorating!



Movie day with the Field of Dreams!



Spring colors with exercise group!



Sharol and Alice enjoying rainbow treats!

Upcoming Events

Mother's Day Tea

Sunday 12th of May 3:00pm, Dining Room

Resident Council Meeting

Tuesday 14th of May 1:00pm, Dining Room

High School Kids

Thursday 16th of May 9am-11am, Fireside Room

Entertainment: Myrt and Jerry B

Friday 17th of May 2:00pm, Dining Room

Entertainment: Vic and Bertha W

Friday 24th of May 2:00pm, Dining Room

Millennium Therapy

Wednesday 29th of May 10:00am, Fireside Room

Foot Doctor

Wednesday 29th of May, Activity Room



Regular Events

Happy Hour every Friday 3pm

Church Service every Sunday 1:15pm

Hairdresser every Wednesday

Men's Group every Saturday 3:00pm

Exercise every day at 10am

Special Days

- 4th Space Day
- 5th Cinco de Mayo
- 8th Victory in Europe Day
- 11th Eurovision
- 11th Migratory Bird Day
- 12th Intl. Nurses Day
- 12th Mother's Day
- 12th Skilled Nursing Weel
- 20th World Bee Day
- 21st Cannes Film Festival
- 22nd Biological Diversity Day
- 23rd World Turtle Day
- 24th Scavenger Hunt Day
- 27th Memorial Day

May 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 May Day	2 National Truffle Day	3 National Chocolate Custard Day	4 National Fitness Day
5 Cinco de Mayo	6 May Flower Monday	7 Share a Message Tuesday	8 Wear An Apron to Work Wednesday	9 Mother's Day Movie Thursday	10 Fabulous Style Friday	11 National Eat What You Want Day
12 Mother's Day	13 National Apple Pie Day	14 National Buttermilk Biscuit Day	15 National Bring Flowers to Someone Day	16 National Barbeque Day	17 National Pizza Party Day	18 Armed Forces Day
19 National Devil's Food Cake Day	20 National Quiche Lorraine Day	21 National Strawberry & Cream Day	22 National Vanilla Pudding Day	23 National Taffy Day	24 National Wyoming Day	25 National Brown-Bag-It Day
26 National Blueberry Cheesecake Day	27 Memorial Day	28 National Brisket Day	29 National Senior Health & Fitness Day	30 National Creativity Day	31 National Smile Day	

May Birthdays

happy

In May, we celebrate birthdays with:

- Lyle O: 05/02
- Dorothy W: 05/05
- Lillian C: 05/09
- Norma M: 05/18
- Katie F: 05/20
- Jeanette F: 05/21
- Leslie W: 05/21
- Yvonne R: 05/25
- Marilyn C: 05/29

Surprising Facts About Bees

- Bees have existed for over 30 million years.
- One-third of our food depends on bee pollination.
- There are over 20,000 different species of bees.
- A bee makes about $\frac{1}{12}$ th tsp of honey in her lifetime.
- Bees have five eyes.
- Male bees are called drones.
- Queens live up to 5 years. Long live the Queen!
- Bees can recognize human faces!

Pisces (Apr 20 – May 20)

Taureans are dependable, logical, and overall peaceful beings

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained

WOW!

May 6, 1954: Roger Bannister Breaks the Four-Minute Mile

British athlete Roger Bannister made history by running the first mile in under four minutes, finishing in 3:59.4 in Oxford, England. This event marked a groundbreaking moment in athletics, symbolizing the breaking of perceived limitations.

Poem to Share

In the Time of Silver Rain

Langston Hughes

In the time of silver rain
The earth puts forth new life again,
Green grasses grow
And flowers lift their heads,
And over all the plain
The wonder spreads

Of Life,
Of Life,
Of life!

In the time of silver rain
The butterflies lift silken wings
To catch a rainbow cry,
And trees put forth new leaves to sing
In joy beneath the sky
As down the roadway
Passing boys and girls
Go singing, too,
In the time of silver rain When spring
And life
Are new.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Ron Berns (Respite)**
- **Chuck Harreld**
- **Shirley Harreld**

We hope that you enjoy your time here!

HAIRDRESSER

We have a hairdresser who attends every Wednesday. If you would like an appointment please talk to Jeanette or ask a staff member to write your name down.

LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's rooms on Friday's. If you would like this service, please talk to a staff member.

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions and complaints.

There are feedback forms available outside the Recreation Room. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime.

Thank you!

Laughing Matters



One-Liners

Why don't skeletons fight each other? *They don't have the guts.*

What do you call an alligator in a vest? *An investigator.*

Why did the tomato turn red? *Because it saw the salad dressing!*

What do you get when you cross a snowman and a vampire? *Frostbite.*

Why couldn't the bicycle stand up by itself? *It was two-tired.*

How do you organize a space party? *You planet.*

What do you call fake spaghetti? *An impasta.*

Why don't scientists trust atoms? *Because they make up everything.*

Why did the golfer bring two pairs of pants? *In case he got a hole in one.*

What did one wall say to the other wall? *"I'll meet you at the corner."*

The Case of the Expanding House

A physics professor, a biologist, and a mathematician are observing an empty house.

Suddenly, they see two people enter the house. Time passes, and then three people come out.

The physicist says, "Our initial measurement was incorrect."

The biologist suggests, "They must have reproduced."

The mathematician declares, "If one more person goes into the house, it will be completely empty again!"

Word Search

HONEYBEE WORD SEARCH



D N H C O L O N Y E P X C O
U R J S F B U Z Z R T C V O
D Y J W W P V U X U P W V P
C D J A H O N E Y C O M B Z
H S W R E L R F L Y T C Y K
Y T D M M L K K B C F Q G E
I I F H A E L Y E X O X A C
H N L I T N U S E R D K L K
H G O B G I N A S L U X Z D
Q E W G W I N G W N L G M P
U R E U P I B G A N F O N K
E L R J E E E M X A G U W N
E E S H I V E E H O N E Y V
N E C T A R B U M B L E N T

Honey
Wing
Buzz
Swarm
Colony

Bee
Yellow
Fly
Flowers
Manuka

Hive
Queen
Nectar
Insect
Pollen

Honeycomb
Bumble
Beeswax
Stinger
Worker